

Noara Khaled Alhusseini

Personal Information

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Nationality: Saudi

Education

1. **Doctor of Public Health**, Health Policy and Leadership DrPH, Loma Linda University, USA, GPA (4/4), Honors list (2015- 2019), **Graduation 16/6/2019**
 2. **Master of Advanced Studies in Leadership of Healthcare Organizations**, (M.A.S.), University of California San Diego, USA, GPA (3.88/4) Honors list (2010-2011)
 3. **Bachelor's Degree in Clinical Nutrition, Community Health**, Applied Medical Sciences College, King Saud University- Riyadh, Saudi Arabia, GPA (4.65/5) Honors list (2004-2009)
 4. **High School**, Najd National School for girls. Riyadh, Saudi Arabia, GPA (95.29%) (1989-2004)
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Professional Experience

Biostatistics and Epidemiology Department, College of Medicine Alfaisal University, Riyadh

Job Title: Associate Professor of Public Health

- Teaching undergraduate and master students
- Overseeing the Master of Public Health program
- Supervising students

(2024- present)

Saudi Commission for Health Specialties, Saudi Arabia

Job Title: Licensing Examination

- Writing public health exam questions
- Cut-off scoring

(2022- Present)

Biostatistics, Epidemiology and Public Health Department, College of Medicine, Alfaisal University, Riyadh

Job Title: Director of the Master of Public Health Program

- Management of the program (internal and external)
- Local and international collaborations and consultations (Public Health Authority, Center of Improved Value, Saudi Food and Drug Authority, Vision Realization Office, Ministry of Health, European Physical Activity Federation, World Bank, King Faisal Specialist Hospital and RC)

(2021-present)

Biostatistics and Epidemiology Department, College of Medicine Alfaisal University, Riyadh

Job Title: Associate Director of the Master of Public Health MPH Program

- MPH program management
- Thesis supervision and tracking

(2020- 2021)

Gulf Health Council, Riyadh, SA

Job Title: Consultant

- Public Health Policy and Procedure Development

(2020)

Ministry of Health (MOH), Riyadh, SA

Job title: Researcher

- COVID-19 Research Panel
- Peer-review

(2020-2021)

Biostatistics, Epidemiology and Public Health Department, College of Medicine, Alfaisal University, Riyadh

Job Title: Assistant Professor of Public Health

- Teaching Master level graduate students: Introduction to Epidemiology, Environmental and Occupational Health, Healthcare Management, Research Methodology, Thesis-related seminars and courses
- Teaching undergraduate medical students: Evidence-Based Medicine (EBM), Biostatistics and Epidemiology courses
- Thesis supervision, Committee member for thesis (internal review)
- Research local and global collaborations

(2019- 2024)

Loma Linda University, School of Public Health, CA-USA

Job Title: Teaching Assistant

- Administrative Systems in Agency Management course for doctoral (DrPH) students
- Grading students, Creating syllabus content
- Building internet shell, Research

(2019)

Starlight Children's Foundation, Los Angeles, CA- USA

Job Title: Community Outreach and health management

- Non-profit Fundraising, Branding
- Leadership, Management and Planning
- Research, Volunteer Management

(2015)

Bncharge- Social Media

Job Title: Founder

- Health promotion, Dietary recommendations
- Life coaching

(2014-Present)

University of California San Diego (UCSD) - International Health Sciences, San Diego- USA

Job Title: Fellow

- Healthcare organizational management, Leadership, planning and development
- Research (Medical/ Managerial)
- Program coordinator and representative
- Interviewing Medical fellows from the Saudi Arabian Cultural Mission for advanced education programs for international scholar positions: the **CORE** (Clinical Observation & Research Education) that offers medical graduates either a certificate or fully accredited Master of Advanced Studies degree in Clinical Research and the **AHEAD** (Administrative Health Education & Development) Program for medical students.

(2012-2013)

King Faisal Specialist Hospital and Research Center, Riyadh- Saudi Arabia

Job Title: Clinical Dietitian Intern

- Nutritional assessment and intervention for in and out-patients in Renal, Neonatal, Surgical, Metabolic, Neurological, Cardiac, ICU, NICU and Hepatic Departments (clinical dietitian).
- Clinical Research
- Patient education and creation of educational materials
- Clinical interventions for health promotion and disease prevention

(2010)

King Fahad Medical City (KFMC), Riyadh-KSA

Job Title: Clinical Dietitian Intern

- Designing and conducting surveys to measure patients' satisfaction
- Research, Caloric intake measurements in clinics
- Ground rounds with the medical team for nutritional screening and assessment
- Provision of full clinical assessment to inpatients and outpatients in Cardiac, Rehabilitation, Obstetrics and Gynecology and Pediatric wards
- Leading campaigns and health education programs advocating health promotion and disease prevention
- Supervision on the food service operation, to ensure patients' safety, appropriate food intake and high quality

(2009- 2010)

Armed Forces (Military Hospital), Riyadh-KSA

Job Title: Clinical Dietitian Intern

- Nutritional counseling, analysis and assessment in Accidents and Emergency, Urology, Orthology, Obstetrics and Gynecology, Bone Marrow Transplant, Cancer, Rehabilitation, Pediatrics and ICU departments for both inpatients and outpatients
- Clinical Research: data collection
- Prince Sultan Cardiac Center: Counseling on dietary modifications and behaviors monitoring for patients and families or caregivers to improve the quality of life
- Adding new recipes to the menu for renal patients with the nutritional considerations and patients' feedback

(2009)

King Abdul-Aziz University Hospital-Diabetes Center, Riyadh-KSA

Job Title: Clinical Dietitian Intern

- Participation in the daily journal board in the Saudi Diabetes Research Center
- Research, Nutritional screening, and assessment of diabetic patients
- Advocating for health-related issues by demonstrating presentations to the public

(2009)

Peer-reviewed Publications

1. **Alhusseini, N.**, Almuhanha, Y., Alabduljabbar, L. et al. International Newborn Screening: Where Are We in Saudi Arabia?. J Epidemiol Glob Health (2024). <https://doi.org/10.1007/s44197-024-00263-z>
2. Saleem RA, Ramadan M, Elshaaer Y, Sukkarieh H, Alissa R, **Alhusseini N**, Tamim H, Alshahrani A, Almaimoni H. Laboratory features and pharmacological

management of early and late-onset primary Sjögren's syndrome. *Rheumatology International*. 2024 Jun 5:1-9.

3. Ramadan, Majed, Rbab M. Bajunaid, Sereen Kazim, **Noara Alhusseini**, Ali Al-Shareef, and Nourah Mohammed ALSaleh. "The Burden Cancer-Related Deaths Attributable to High Body Mass Index in a Gulf Cooperation Council: Results from the Global Burden of Disease Study 2019." *Journal of Epidemiology and Global Health* (2024): 1-19.
4. Sebeih, Y., Al-Turki, A., Alfattani, A., Al-Shareef, T., Saadeh, S., Al-Sabban, E., Aldhaferi, R., **AlHusseini, N.**, Alanzi, F. and AlMaiman, W., 2023. Continuous kidney replacement therapy outcomes in infants and newborns. *International Journal of Pediatrics and Adolescent Medicine*, 10(3), pp.65-72.
5. Abdulaal IE, **Alhusseini N.** The Impact of WFH on Eating Habits. *SMHJ [Internet]*. 2024;4(2):64-74.
6. Ateq K, Alhajji M, **Alhusseini N.** The association between use of social media and the development of body dysmorphic disorder and attitudes toward cosmetic surgeries: a national survey. *Frontiers in Public Health*. 2024;12.
7. **Alhusseini** et. al. 2024. Dietary trends and obesity in Saudi Arabia. *Frontiers in Public Health*. doi.org/10.3389/fpubh.2023.1326418
8. SALEEM, R., RAMADAN, M. M., SHEIK, M. S., BAHAMAN, J. S., ZARROL, S., GARAWEEN, G., & **ALHUSSEINI, N. K.** (2023). Micronutrient Status Assessment in Saudi Patients Prior to Laparoscopic Sleeve Gastrectomy: A Retrospective Study. *Nutrición Clínica y Dietética Hospitalaria*, 43(4).
9. Alqahtani A, **Alhusseini N** (November 15, 2023) Assessing Social Determinants of Health Among Patients With Depression at Primary Healthcare Centers in Riyadh City. *Cureus* 15(11): e48854. doi:10.7759/cureus.48854
10. Scott JN McNabb, Wondimagegnehu Alemu, Adnan Bashir, Nomita Divi, Louise Gresham, Oluwafunbi Idowu Awoniyi and **Noara Alhusseini**. Modernizing Global Health Security to Prevent Detect and Respond. *Modernizing Public Health Surveillance*. 2023. Elsevier.
11. Almutairi L, Alqahtani A, **AlHusseini N.** Food and Beverage Placement in Child Focused YouTube Channels: A Content Analysis Study. *Eur J Public Health*. 2023 Oct 24;33(Suppl 2):ckad160.1398. doi: 10.1093/eurpub/ckad160.1398. PMID: PMC10597261.
12. Ramadan, M., **Alhusseini, N.**, Samhan, L., Samhan, S., & Abbad, T. (2023). Tobacco control policies implementation and future lung cancer incidence in Saudi Arabia. A population-based study. *Preventive Medicine Reports*, 102439.
13. **Alhusseini, N.**, BAJABER, M. O., SHABI, S. M., BIN SAEEDU, S. S., ALJEJAKLI, R. A. H., ALSHARIMI, E. M., & ALABADI-BIERMAN, A. (2023). Awareness of Gluten-Free Diet among the General Public in Saudi Arabia. *Nutrición Clínica Y Dietética Hospitalaria*, 43(4). <https://doi.org/10.12873/434alhusseini>

14. **Alhusseini N**, Ramadan M, Aljarayhi S, Arnous W, Abdelaal M, Dababo H, et al. (2023) Added sugar intake among the Saudi population. *PLoS ONE* 18(9): e0291136. <https://doi.org/10.1371/journal.pone.0291136>
15. Alkhalifah, M., **AlHusseini, N.**, & McGhee, J. (2023). COVID-19 Vaccine Hesitancy Among Pregnant Women. *Cureus*, 15(6).
16. Alhabib, R. K., **Alhusseini, N.**, Aboalsamh, A. G., Adi, G., Ismail, A., Hajja, A., ... & Albahiti, S. K. (2023). Motivators and barriers to research participation among medical students in Saudi Arabia. *Plos one*, 18(4), e0284990.
17. Evenson, K. R., **Alhusseini, N.**, Moore, C. C., Hamza, M. M., Al-Qunaibet, A., Rakic, S., ... & Alqahtani, S. A. (2023). Scoping Review of Population-Based Physical Activity and Sedentary Behavior in Saudi Arabia. *Journal of Physical Activity and Health*, 1(aop), 1-16.
18. Ramadan M, Alsiary R, Alsaadoun N, **Alhusseini N** et al. Risk of Breast Cancer Progression after Treatment in the Western Region of Saudi Arabia. *Breast Cancer: Basic and Clinical Research*. 2023;17. doi:[10.1177/11782234231158270](https://doi.org/10.1177/11782234231158270)
19. Ramadan, M., Ghulam, E. & **Alhusseini, N.** Does illicit amphetamine seizures quantity associated with amphetamine use disorder related admissions in Saudi Arabia?. *BMC Psychiatry* 23, 23 (2023). <https://doi.org/10.1186/s12888-023-04523-3>
20. Ramadan, M., Alharbi, A., Ahmad, R.G., Alkhalaf, A, **Alhusseini, N.**, et al. Evaluation of Substance Use Disorder Readmission and Length of Hospital Stay in a Major Rehabilitation Center in the Gulf States: a Retrospective Cohort Study. *Int J Ment Health Addiction* (2022). <https://doi.org/10.1007/s11469-022-00920-z>
21. **Alhusseini, N.**, Alammari, D., Ramadan, M., Ziadeh, N., Zyadeh, Z., Alshamrani, J., Qasim, H., Alamri, N., & Alqahtani, S. A. (2022). The impact of COVID-19 pandemic on lifestyle among the Saudi population. *Journal of Public Health Research*. <https://doi.org/10.1177/22799036221123156>
22. Ramadan, M., Alfayea, T., Alsofyani, A., Alyabsi, M., **Alhusseini, N.**, & Algarni, A. S. (2022, 2022/01/01/). Primary tumor location and survival among metastatic colorectal cancer patients treated with systemic chemotherapy and biologic therapies: Retrospective analysis. *Cancer Treatment and Research Communications*, 33, 100632. <https://doi.org/https://doi.org/10.1016/j.ctarc.2022.100632>
23. **Alhusseini, N.**, Farhan, H., Yaseen, L., Abid, S., Imad, S. S., & Ramadan, M. (2022). Premarital mental health screening among the Saudi population. *Journal of Taibah University Medical Sciences*.
24. Hamed, A. M., Javaid, H. A., Abbasi, S., Amanullah, A., Ramadan, M., Shakir, I. M., & **AlHusseini, N.** (2022). The Impact of COVID-19 on Physical Activity Among Adults in Saudi Arabia: A Cross-Sectional Study. *Cureus*, 14(7).
25. **Noara Alhusseini** , Duaa Alammari, Belal Nedal Sabbah , Alaa Ahmed Almubayedh, Tarek Arabi, Hareem Rashid Mahmood, Nour Basem Odeh, Majed Ramadan. Food Delivery Applications and Obesity: Lessons Learned from COVID-19 in Saudi Arabia. 2022. *Journal of Medical and Surgical Research*. https://www.journal-jmsr.net/abstract.php?article_id=13921&title=Food%20Delivery%20Applications%20and%20Obesity:%20Lessons%20Learned%20from%20COVID-19%20in%20Saudi%20Arabia

26. **Alhusseini N K**, Ramadan M, Almasry Y, Atout M, Hamsho K, et al. Effects of Sleep Quality on Academic Performance and Psychological Distress Among Medical Students in Saudi Arabia. *Health Scope*. 2022;11(2):e123801. doi: 10.5812/jhealthscope-123801.
27. Ramadan, M., Fallatah, A. M., Batwa, Y. F., Saifaddin, Z., Mirza, M. S., Aldabbagh, M., & **Alhusseini, N.** (2022, 2022/06/03). Trends in emergency department visits for mental health disorder diagnoses before and during the COVID-19 pandemic: a retrospective cohort study 2018–2021. *BMC psychiatry*, 22(1), 378. <https://doi.org/10.1186/s12888-022-03988-y>
28. **Noara Alhusseini**, Aya Ismail, Hani A. Alaswad, Fawzy Abodahab, Shahad Almutahhar, Majd S. Khader, Majed Ramadan, Alaa Alabadi-Bierman and Ismail M. Shakir. (May 22,2022). The Severity of Covid-19 Infection and Vaccine Side Effects among the Saudi Population. *International Journal of Life science and Pharma Research (IJLPR). Pharmaceutical Sciences*. DOI: 10.22376/ijpbs/lpr.2022.12.3.P76-85
<https://www.ijlpr.com/abstract1.php?aid=1016>
29. Salem, V, **AlHusseini, N**, Abdul Razack, HI, Naoum, A, Sims, OT, Alqahtani, SA. Prevalence, risk factors, and interventions for obesity in Saudi Arabia: A systematic review. *Obesity Reviews*. 2022;e13448. doi:10.1111/obr.13448
30. **Alhusseini NK**, Almstanyir S, Hamdan D, Hijazi R, Aldhalaa R, Alfattani AA, Omair A. Meditation and Mental Health (Depression, Anxiety, and Stress) in Saudi Arabia. *J Complement Med Res*. (2021), [cited September 27, 2021]; 12(2): 189-193.
<http://dx.doi.org/10.5455/jcmr.2021.12.02.21>
31. **AlHusseini N**, Sajid M, Akkielah, Y, et al. (September 18, 2021) Vegan, Vegetarian and Meat-Based Diets in Saudi Arabia. *Cureus* 13(9): e18073. doi:10.7759/cureus.18073
32. **Alhusseini, Noara Khaled** et al. Obesity, Quality of Sleep and Anxiety in Saudi Arabia. *Journal of Contemporary Medical Sciences*, [S.l.], v. 7, n. 4, aug. 2021. ISSN 2413-0516. <https://doi.org/10.22317/jcms.v7i4.1039>
33. Alajlan, Saleh Ahmad, **Noara K. Alhusseini**, Syed Mohammed Basheeruddin Asdaq, Yahya Mohzari, Ahmad Alamer, Ahmed A. Alrashed, Abdhakeem S. Alamri, Walaa F. Alsanie, and Majid Alhomrani. "THE IMPACT OF LOCKDOWN STRATEGIES ON THE BASIC REPRODUCTIVE NUMBER OF CORONAVIRUS (COVID-19) CASES IN SAUDI ARABIA." *Saudi Journal of Biological Sciences* (2021).
<https://doi.org/10.1016/j.sjbs.2021.06.047>
34. Alqahtani, S. A., Broering, D. C., Alghamdi, S. A., Bzeizi, K. I., **Alhusseini, N.**, Alabbad, S. I., Albenmoussa, A., Alfaris, N., Abaalkhail, F., & Al-hamoudi, W. K. (2021, 2021/06/01). Changing trends in liver transplantation indications in Saudi Arabia: from hepatitis C virus infection to nonalcoholic fatty liver disease. *BMC Gastroenterology*, 21(1), 245.
<https://doi.org/10.1186/s12876-021-01828-z>
35. Banta, J.E., Ramadan, M., **Alhusseini, N.** et al. Socio-demographics and asthma prevalence, management, and outcomes among children 1–11 years of age in California. *glob health res policy* 6, 17 (2021). <https://doi.org/10.1186/s41256-021-00199-y>
36. **Alhusseini, N. K.**, Sajid, M. R., Alsheikh, H. A., Sriwi, T. H., Odeh, N. B., Elshaer, R. E., Altamimi, R. E., & Cahusac, P. M. B. (2021). Evaluation of COVID-19 myths in Saudi Arabia. *Saudi medical journal*, 42(4), 377-383.
<https://doi.org/10.15537/smj.2021.42.4.20200706>
37. Alrashed, A. A., Khan, T. M., **Alhusseini, N. K.**, Asdaq, S. M. B., Enani, M., Alosaimi, B., ... & Alamer, A. (2021). Severity of COVID-19 Infection in ACEI/ARB Users in Specialty Hospitals: A Retrospective Cohort Study. *Journal of Infection and Public Health*.
<https://doi.org/10.1016/j.jiph.2021.03.004>
38. **Alhusseini N**, Sajid M, Altayeb A, et al. (January 28, 2021) Depression and Obsessive-Compulsive Disorders Amid the COVID-19 Pandemic in Saudi Arabia. *Cureus* 13(1): e12978. <https://dx.doi.org/10.7759%2Fcureus.12978>

39. Sajid, M., Quraiba, L., Khames, R., **Alhousseini, N.**, Alsheikh, H., Basha, N., Mansoor, S., & Omair, A. (2020). Frequency of Dietary Supplements usage in the Saudi Arabian Public and Gym Users. *Journal Of Contemporary Medical Sciences*, 6(6).
<https://doi.org/10.22317/jcms.v6i6.886>
40. **Alhousseini N**, Banta JE, Oh J, Montgomery S. Understanding the Use of Electronic Means to Seek Personal Health Information Among Adults in the United States. *Cureus*. 2020 Oct 27;12(10):e11190. doi: 10.7759/cureus.11190. PMID: 33269121; PMCID: PMC7703714.
<https://dx.doi.org/10.7759%2Fcureus.11190>
41. Almustanyir S, Alhabeeb H, **Alhousseini N**, et al. (November 28, 2020) Gastroparesis With the Initiation of Liraglutide: A Case Report. *Cureus* 12(11): e11735.
<https://dx.doi.org/10.7759%2Fcureus.11735>
42. BinDhim, N. F., Althumiri, N. A., Basyouni, M. H., Sims, O. T., **Alhousseini, N.**, & Alqahtani, S. A. (2020). Arabic Translation of the Weight Self-Stigma Questionnaire: Instrument Validation Study of Factor Structure and Reliability. *JMIR Formative Research*, 4(11), e24169. <https://doi.org/10.2196/24169>
43. **Alhousseini, N.**, Banta, J. E., Oh, J., & Montgomery, S. B. Social Media Use for Health Purposes by Chronic Disease Patients in the United States. *Saudi Journal of Medicine and Medical Sciences*, 9(1), 51. https://dx.doi.org/10.4103%2Fsjmms.sjmms_262_20
44. **Alhousseini, N.**, & Alqahtani, A. (2020). COVID-19 pandemic's impact on eating habits in Saudi Arabia. *Journal of Public Health Research*, 9(3).
<https://dx.doi.org/10.4081%2Fjphr.2020.1868>
45. Banta, J. E., Segovia-Siapco, G., Crocker, C. B., Montoya, D., & **Alhousseini, N.** (2019). Mental health status and dietary intake among California adults: a population-based survey. *International journal of food sciences and nutrition*, 70(6), 759-770.
<https://doi.org/10.1080/09637486.2019.1570085>
46. Spencer-Hwang, R., Pasco-Rubio, M., Soret, S., Ghamsary, M., Sinclair, R., **Alhousseini, N.**, & Montgomery, S. (2019). Association of major California freight railyards with asthma-related pediatric emergency department hospital visits. *Preventive medicine reports*, 13, 73-79. <https://doi.org/10.1016/j.pmedr.2018.11.001>

Master's Thesis

- Healthy Body Weight for our Future Generations, Leaders Role for Creating Obesity Free Society, University of California San Diego UCSD (2011)

Doctoral Dissertation

- The Use of Electronic Devices to Seek Health Information on the Internet and Social Media Among Adults in the United States, Loma Linda University LLU (2019)

Speaker/Presentations/Posters

- Understanding the Use of Electronics to Seek Health Information among Adults in the US, National Cancer Institute, Health Information Trends Users Conference, Bethesda, USA, 2019.
- Writing Research Proposals and Recommendations, Ministry of Health Webinar, 2020.
- Academic Citations and Using Endnote, MOH Webinar, 2020.
- Scientific Writing, Alfaisal University, 2021.
- Creating Surveys, Alfaisal University, 2021.
- Leadership Styles, King Saud Bn Abdulaziz University for Health Sciences, 2021.
- The Impact of Covid-19 on Lifestyle among the Saudi Population, 3rd Pharma-economics and outcomes research virtual conference, Kuala Lumpur, 2021.
- COVID-19 Myths in Saudi Arabia, Health Misinformation and Disinformation on social media Scientific Forum, College of Engineering, Alfaisal University, 2022
- KSA Telehealth Technologies Summit, The impact of Covid-19 on health, 2022
- Key Performance Indicators in Healthcare, Cluster 2, 2022

- Healthcare Leadership workshop, Ministry of Health Cluster 2, 2022
 - Clinical research, Specialized Medical Center (SMC), 2023
 - Women in Data Science, Public Health and Data, 2023
 - National Symposium on Using Evidence for Physical Activity Promotion Policies in Saudi Arabia, Public Health Authority, 2023
 - Health and nutrition claims prevalence and Compliance in a sample of beverages in the Saudi market, Saudi Food and Drug Authority, 2023 (won as best research)
 - Leading excellence in healthcare, International Nursing Conference, Riyadh Second Cluster, 2022
 - Asset Performance Measurement and Management in Healthcare, 2024
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Community Service

King Faisal Specialist Hospital & Research Center, (KFSH& RC), Riyadh

- Clinical nutritional assessment for several medical conditions (2008)
- Speaker in dietary lectures about the healthy eating patterns (2010)
- Breast Cancer Awareness Day (clinical nutritional assessment and dietary awareness) (2010)

King Fahad Medical City (KFMC), Riyadh

- Participated in the survey of the quality assurance for inpatients (2009)

King Saud University (KSU), Riyadh-KSA

- Participator in the Strategic Planning Project Workshop for the University (2009)

Elementary Schools in Riyadh

- Nutritional Awareness about obesity (2010)

Food Forward (Los Angeles) 2014

- Provision of healthy food for poor communities, community outreach

Loma Linda University, 2015-2019

- Academic Research Opportunities

Ministry of Health, 2020-2023

- Peer-review for Covid-19 research
- Webinar and health promotion on public health topics 2021
- How to conduct research lectures? 2022

King Saud Bin Abdulaziz for Health Sciences, Riyadh, Saudi Arabia

Providing lectures: Topics covered include 1. Leadership Styles in Healthcare among master students.

Center of Improved Value, MOH 2022-present

- Consultation on the national surveillance project in the 13 regions of SA.
- Collaboration in research related to value in healthcare and public health

Saudi Food and Drug Authority 2022-2023

- Public health research
- Dissemination of results among experts

Saudi National Institute of Health 2023

- Seminar and workshop on improving Saudi health research with subject matter experts

Public Health Authority 2023

- Physical activity project among various stakeholders

Alfaisal University- Internal Medicine Interest Group 2024

- Poster competition judge

Systems Thinking and Complexity Sciences in the Context of Health and Health System, 2024

- Organizer
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Certificates, Memberships and Licensure

- Certified Diabetes Instructor (King Abdul-Aziz University Hospital), Riyadh-KSA 2009
- Proficiency in English as a second language certificate (EC English language Center-La Jolla-USA) 2010
- Basic Life Support, American Health Association, King Fahad Medical City, Riyadh-KSA 2012
- Licensed Practitioner of Neuro-Linguistic Programming (NLP), Richard Bandler, Los Angeles, CA, USA 2014
- Excellence in completion of the internship, King Saud University, 2010
- Leader of Excellence, University of California Los Angeles, 2014
- Communication Coach, University of California Los Angeles, 2014
- Motivational Coach, University of California Los Angeles, 2014
- Member in the United Nations, 2014-2015
- Social Media Marketing, Shaw Academy, 2016
- The art of writing multiple choice questions, Alfaisal University, 2019
- COVID-19 Pandemic Volunteer Training Certificate- Saudi Commission for Health Specialties, 2020
- Member in S20, 2020, which contributes to Saudi Arabia's G20 Presidency by proposing science-driven solutions to the world's most pressing challenges.
- Certified in Human Subjects Research Ethics, Institutional Review Board, Alfaisal University, 2020
- Strengthening Community Health Worker Programs, Harvardx by **Harvard University**, 2021
- Editorial Board Member at the Epidemiology International Journal, 2022
- Alfalah Academy, Committee Member 2021
- Saudi Commission for Health Specialties, SCHS Public Health Exam Committee, 2022
- External evaluator for the Saudi Electronic University research, 2023
- Editorial Board Member of the Journal of Physical Activity and Health (JPAH), 2023
- Introduction to Healthcare, Stanford University, 2023
- Introduction to Clinical Data, Stanford University, 2023
- Introduction to Machine Learning, Stanford University, 2023
- Advisory Committee for Health and Promotion Program at Umm Alqura University, April 2024

Awards, Grants and Honors

- Graduated from King Saud with Honor Degree-2009
 - Full Scholarship for the master's degree-2010
 - Full Scholarship for doctoral degree-2015
 - Merrit C. Honoring Award for Outstanding Student Research-2019
 - Inducted as a member of the Delta Omega Society-2019
 - Recipient of Alfaisal University Grant (10,000 SAR) for research proposal: COVID-19 Pandemic's Impact on Eating Habits of Riyadh Residents- 2020
 - Applied to the research development and innovation authority grant 2023
 - Faculty Awards for Research Excellent, 2024
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Additional Skills

I.T. Skills

- Microsoft Office Applications (Word, Excel, PowerPoint)
- Windows and Apple Operating Systems
- Canvas

Soft Skills

- Dynamic, flexible and reliable
 - Ability to work independently, with teams and under pressure
 - Ability for fast learning and applying academic knowledge to real life situations
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Languages

- Arabic and English (Fluent)

7/2/2024

